



It's Time for Pool !

Dear Parent or Guardian,

The third, fourth, and fifth grade classes will begin a 3 week Aquatics unit on their regularly scheduled PE days. During this unit, we will focus on water adjustment skills, stroke mechanics, water safety, aquatic safety, aquatic fitness and pool time fun! Because of the short length of this unit, it is important for students to come prepared each day they have PE. Students must bring a note if there is a medical reason for not swimming.

Students Must Have

A bathing suit, 2 towels (one for locker room and one for the pool area), their own comb or brush, a pair of sandals, a change of clothes/underwear especially if they plan to wear their suit to school

Students Should Have

Hair elastics for long hair, swim goggles, a waterproof bag, such as a plastic shopping bag

Student can bring

Ear plugs, swim shirts

Please remind students that personal hygiene items such brushes, deodorants, and even towels should not be shared with others. Spray products will not be allowed.

Please contact the PE staff with any questions

